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**NEWS RELEASE
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Shiningbank Energy Announces 2005 Reserve Information

Shiningbank Energy Income Fund (the “Fund” or “Shiningbank”), today announced the results of its December 31, 2005 independent reserves evaluation. The evaluation was conducted by Paddock Lindstrom & Associates Ltd. (“PLA”) effective December 31, 2005 and prepared in accordance with National Instrument 51-101 – Standards of Disclosure for Oil and Gas Activities (“NI 51-101”).

2005 HIGHLIGHTS

- Increased proved plus probable reserves by 16% and proved reserves by 11% through acquisition and development in 2005;
- Proved producing reserves constitute 86% of total proved reserves and total proved reserves equate to 64% of total proved plus probable reserves;
- Shiningbank replaced 260% of 2005 production with new reserves acquired or developed in the year, bringing cumulative replacement to 273% of production over the life of the Fund; and
- On the basis of proved plus probable reserves:
 - Finding and development costs for the year aggregated \$11.10 per barrel of oil equivalent (“boe”) bringing the three year average finding and development costs to \$9.66/boe.
 - New reserves were acquired at an average cost of \$23.74 per boe. Three year average acquisition costs are \$15.37 per boe;
 - Total acquisition and development costs were \$19.36 per boe for 2005 and the three year average was \$13.77 per boe;
 - The recycle ratio for 2005, based on an operating netback of \$35.86 per boe was 1.9 to 1; and
 - The Fund’s reserve life index (“RLI”) stands at 9.7 years based on estimated 2006 production. Shiningbank’s RLI has fluctuated between 9.7 and 10.1 years over the past five years.

The following tables summarize the independent reserve estimates and values at December 31, 2005:

Summary of Oil and Gas Reserves - Forecast Prices and Costs

	Reserves (Company Interest) ⁽²⁾				
	Oil (mdbl)	Natural Gas (bcf)	NGL (mdbl)	2005 Oil Equivalent (mboe) ⁽¹⁾	2004 Oil Equivalent (mboe) ⁽¹⁾
Proved					
Developed Producing	4,575	205.6	6,518	45,352	39,645
Developed Non-Producing	80	16.0	429	3,167	3,292
Undeveloped	208	19.2	566	3,971	4,472
Total Proved	4,864	240.7	7,512	52,490	47,409
Probable	2,588	132.8	4,344	29,068	22,643
Total Proved plus Probable	7,451	373.5	11,857	81,558	70,052

Value of Reserves using Forecast Prices and Costs ⁽³⁾

(\$Millions)	Discount factor				
	0%	5%	10%	12%	15%
Present value of reserves					
Proved Developed Producing	\$ 1,574	\$ 1,235	\$ 1,041	\$ 984	\$ 913
Proved Developed Non-Producing	105	82	69	65	60
Proved Undeveloped	95	66	48	43	36
Total Proved	1,774	1,384	1,159	1,092	1,009
Probable	889	516	357	316	269
Total Proved plus Probable	\$ 2,663	\$ 1,899	\$ 1,516	\$ 1,409	\$ 1,278

Reserves Reconciliation

	Reserves (Company Interest) ⁽²⁾			
	Oil (mdbl)	Natural Gas (bcf)	NGL (mdbl)	2005 Oil Equivalent (mboe) ⁽¹⁾
Total Proved				
December 31, 2004	4,981	209.7	7,473	47,409
Acquisitions	46	50.5	361	8,827
Dispositions	(132)	(1.6)	(17)	(408)
Extensions	91	5.0	224	1,145
Discoveries	332	7.5	303	1,877
Technical revisions and economic factors	403	3.6	265	1,260
Production	(856)	(34.0)	(1,096)	(7,620)
December 31, 2005	4,864	240.7	7,512	52,490
Total Proved plus Probable				
December 31, 2004	7,539	307.6	11,244	70,052
Acquisitions	62	79.8	531	13,900
Dispositions	(204)	(2.6)	(27)	(657)
Extensions	310	20.4	851	4,562
Discoveries	498	11.3	433	2,807
Technical revisions and economic factors	102	(9.1)	(79)	(1,487)
Production	(856)	(34.0)	(1,096)	(7,620)
December 31, 2005	7,451	373.5	11,857	81,558

Notes to tables:

1. Barrel of oil equivalent (boe) volumes are reported at 6:1 with 6 mcf = 1 bbl. The 6:1 conversion ratio is based on an energy equivalency conversion method primarily applicable at the burner tip and does not represent a value equivalency at the wellhead. While it is useful for comparative measures, it may not accurately reflect individual product values and may be misleading if used in isolation.
2. Company interest includes working interest plus royalty interests attributable to the Fund.
3. The present value of reserves is net of estimated future capital expenditures, royalty burdens, operating costs and abandonment costs, but prior to any provision for general and administrative expenses. It should not be assumed that present value is representative of the fair market value of the assets. Present value is based on PLA's escalated price forecast as of December 31, 2005, which assumes a base 2006 oil price of US\$60.00/bbl and an Alberta natural gas reference price of C\$10.30/mmbtu.

Finding, Development and Acquisition ("FD&A") Costs

Under NI 51-101, the methodology to be used to calculate FD&A costs includes changes in future development costs. For completeness, Shiningbank has presented these costs both including and excluding such costs. The following table sets out the finding and development costs, acquisition costs and aggregate FD&A costs for the year for both proved and proved plus probable reserves together with comparative figures for prior years and the three year average costs.

Proved plus probable	2005	2004	2003	Three year costs
Finding and development cost				
Development expenditures (000s)	\$ 81,772	\$ 56,339	\$ 22,931	\$ 161,042
Change in future development costs (000s)	\$ 67,332	\$ (13,230)	\$ (5,854)	\$ 48,248
Reserve additions from development (mboe)	7,369	5,746	3,552	16,667
Finding and development cost per boe				
Excluding future development costs	\$ 11.10	\$ 9.80	\$ 6.46	\$ 9.66
Including future development costs	\$ 20.23	\$ 7.50	\$ 4.81	\$ 12.56
Acquisition costs				
Acquisition costs (000s)	\$ 329,996	\$ 184,828	\$ 141,811	\$ 656,635
Future development costs from acquisitions (000s)	\$ 45,620	\$ 28,877	\$ 16,475	\$ 90,972
Reserves added by acquisition (mboe)	13,900	16,564	12,266	42,730
Acquisition costs per boe				
Excluding future development costs	\$ 23.74	\$ 11.16	\$ 11.56	\$ 15.37
Including future development costs	\$ 27.02	\$ 12.90	\$ 12.90	\$ 17.50
FD&A costs				
Acquisition and development costs (000s)	\$ 411,768	\$ 241,167	\$ 164,742	\$ 817,677
Total future development costs (000s)	\$ 112,952	\$ 15,647	\$ 10,621	\$ 139,220
Total reserves added (mboe)	21,269	22,310	15,818	59,397
FD&A costs per boe				
Excluding future development costs	\$ 19.36	\$ 10.81	\$ 10.41	\$ 13.77
Including future development costs	\$ 24.67	\$ 11.51	\$ 11.09	\$ 16.11

Total Proved	2005	2004	2003	Three year costs
Finding and development cost				
Development expenditures (000s)	\$ 81,772	\$ 56,339	\$ 22,931	\$ 161,042
Change in future development costs (000s)	\$ (2,568)	\$ (569)	\$ (6,530)	\$ (9,667)
Reserve additions from development (mboe)	3,022	3,876	2,056	8,954
Finding and development cost per boe				
Excluding future development costs	\$ 27.06	\$ 14.54	\$ 11.15	\$ 17.99
Including future development costs	\$ 26.21	\$ 14.39	\$ 7.98	\$ 16.91
Acquisition costs				
Acquisition costs (000s)	\$ 329,996	\$ 184,828	\$ 141,811	\$ 656,635
Future development costs from acquisitions (000s)	\$ 27,348	\$ 13,488	\$ 7,325	\$ 48,161
Reserves added by acquisition (mboe)	8,827	10,162	8,930	27,919
Acquisition costs per boe				
Excluding future development costs	\$ 37.38	\$ 18.19	\$ 15.88	\$ 23.52
Including future development costs	\$ 40.48	\$ 19.52	\$ 16.70	\$ 25.24
FD&A costs				
Acquisition and development costs (000s)	\$ 411,768	\$ 241,167	\$ 164,742	\$ 817,677
Total future development costs (000s)	\$ 24,780	\$ 12,919	\$ 795	\$ 38,494
Total reserves added (mboe)	11,849	14,038	10,986	36,873
FD&A costs per boe				
Excluding future development costs	\$ 34.75	\$ 17.18	\$ 15.00	\$ 22.18
Including future development costs	\$ 36.84	\$ 18.10	\$ 15.07	\$ 23.22

Note:

The aggregate of the finding and development costs incurred in the most recent financial year and the change during that year in estimated future development costs generally will not reflect total finding and development costs related to reserves additions for that year.

Shiningbank Energy Income Fund is a natural gas focused energy trust founded in 1996. The Fund purchases, develops and operates producing properties for the direct benefit of its unitholders. Shiningbank has one of the highest weightings of natural gas production in the energy trust sector at 76%.

Shiningbank is listed on the Toronto Stock Exchange under the symbol SHN.UN. For further information please visit our website, www.shiningbank.com or contact us at:

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