



October 19, 2005

TSX: SHN.UN

**NEWS RELEASE  
FOR IMMEDIATE RELEASE**

**Shiningbank Energy announces November 2005 monthly distribution and  
Inclusion in S&P/TSX Composite Index**

Shiningbank Energy Income Fund (the "Fund") today announced that its cash distribution for November 2005 will be **C\$0.23 PER UNIT**. This distribution is consistent with the stable monthly distribution paid to unitholders since June 2003. **The distribution is payable on November 15, 2005 to unitholders of record on October 31, 2005. The ex-distribution date is October 27, 2005.**

The Fund is also pleased to announce that it has been advised by the Toronto Stock Exchange that Shiningbank will be one of the income trusts included in the S&P/TSX Composite Index commencing in late 2005.

Shiningbank Energy Income Fund is a natural gas focused energy trust founded in 1996. The Fund purchases, develops and operates producing properties for the direct benefit of its unitholders. Shiningbank has one of the highest weightings of natural gas in the energy trust sector at 78%.

Shiningbank is listed on the Toronto Stock Exchange under the symbol SHN.UN. For further information please visit our website [www.shiningbank.com](http://www.shiningbank.com) or contact us at:

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