



September 15, 2005

TSX: SHN.UN

**NEWS RELEASE
FOR IMMEDIATE RELEASE**

**SHININGBANK ENERGY ANNOUNCES OCTOBER 2005
MONTHLY DISTRIBUTION**

Shiningbank Energy Income Fund today announced that its cash distribution for October 2005 will be **C\$0.23 PER UNIT**. This distribution is consistent with the monthly distribution paid to unitholders since June 2003.

The distribution is payable on October 15, 2005 to unitholders of record on September 30, 2005. The ex-distribution date is September 28, 2005.

Shiningbank Energy Income Fund is a conventional oil and gas royalty trust listed on the Toronto Stock Exchange under the symbol SHN.UN.

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