



September 16, 2004

SYMBOL: "SHN.UN" – TSX

**NEWS RELEASE
FOR IMMEDIATE RELEASE**

**SHININGBANK ENERGY ANNOUNCES OCTOBER
MONTHLY DISTRIBUTION OF \$0.23 PER UNIT**

Shiningbank Energy Income Fund today announced its monthly distribution to be paid to unitholders on October 15, 2004. **THE AMOUNT OF THE MONTHLY DISTRIBUTION WILL BE \$0.23 PER UNIT**, which is consistent with the distribution, paid in each of the last seventeen months. The record date for the distribution is September 30, 2004 and the ex-distribution date is September 28, 2004.

Shiningbank Energy Income Fund is a conventional oil and gas royalty trust. Its units are listed on the Toronto Stock Exchange under the symbol "SHN.UN".

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